

The Nordic DPPT Project:
Securing Psychoanalysis in the Public
Health Sector

Aim of the project

1. Discuss the common and different problems in the Nordic countries
2. Built up arguments to be used in relations to the governments in order to convince of the benefits of psychoanalysis and psychoanalytic psychotherapy in the public health sector
3. Develop strategies on how to relate to the governments in order to secure funding of psychoanalytic treatments and justification of psychoanalytic knowledge as important for the treatment of any mental illnesses

Aim of the project

4. To develop a network for psychoanalytic research in the Nordic countries that both can develop research on psychoanalysis and disseminate research findings for the benefit of clinicians and for the justification of psychoanalytic treatments

Inter-Nordic working parties

- (1) Working party for psychoanalytic research aims at dissemination of research findings and establishing connections with other existing networks for psychotherapy in the Nordic countries and elsewhere (e.g. IPA research committees).
- (2) Working party for relations to the public health authorities aims at building up arguments and developing strategies in order to secure funding of psychoanalytic treatments and justification of psychoanalytic knowledge as important for the treatment of any mental illnesses.
- (3) Working party for outreach and continuous psychoanalytic education aims at dissemination of psychoanalytic knowledge to the general public as well as at developing strategies for raising interest in young psychiatrists and psychologists for a proper psychoanalytic education.

Presentations

1. Introduction: S. Varvin
2. Presentation of the Website: Roar Olsen
3. Working part for relations to the public health authorities
K. Høydahl, Norway, H. Enckell, Finland,
B. Rosenbaum, Denmark
4. Working party for outreach and continuous psychoanalytic education.
A. Billinghamurst, Sweden, S. Varvin, Norway, H. Enckell, Finland
4. Working party for psychoanalytic research
B. Rosenbaum, Denmark, A. Werbart, Sweden, J. Lehtonen,
Finland, S. Lorentzen, Norway
5. Discussion